



HSHS ST. JOSEPH'S HOSPITAL
2018 Prenatal Classes

Getting
ready for *baby*

FREE classes taught by Registered Nurses specializing in childbirth.

PRENATAL CLASSES
HSHS St. Joseph's Hospital
McDonald Hall
6 - 8 p.m.

A series of classes on three consecutive Mondays for first time parents.

January 15, 22 & 29 August 13, 20 & 27
March 12, 19 & 26 October 8, 15 & 22
May 7, 14 & 21

No registration is required for PRENATAL CLASSES.

BREASTFEEDING CLASSES

ONE NIGHT CLASS:

HSHS St. Joseph's Hospital
St. Francis Conference Room
6 - 8 p.m.

- ◆ January 16
- ◆ March 20
- ◆ May 15
- ◆ September 18
- ◆ November 13

Registration is required for breastfeeding class.

For more information on any classes, please call 715-717-7421.



HSHS
**St. Joseph's
Hospital**

Take a virtual tour of the Women and Infants Center at StJoesChipFalls.org